

| Emerging Performance Review Tool (A) | | PC Name | Player Surname | | D.O.B. (--/--) - age | | Overall scores |
|--------------------------------------|---|--|---|---|---|---|----------------|
| | | Reviewer | Player Forename | | Date(--/--) | | |
| | | 1 | 2 | 3 | 4 | | |
| Trainability/task mastery | Motivation | Motivation to train is questionable | ~ motivation to train | Consistently motivated to train | Highly self motivated in training | | 0 |
| | Feedback | Resistant to feedback: doesn't act upon it | ~ response to feedback, sometimes acts upon it | Responds to feedback and often acts upon it | Seeks out, accepts and quick to act upon feedback | | |
| | Learning | Slow learner in most areas | ~ ability to learn – some good/some weak areas | Good learner in many areas of the game | Consistently quick learner in most areas of the game | | |
| | Focus | Poor focus: easily distracted, lacks persistence | ~ focus, sometimes distracted, variable persistence | ↑ average focus/persistence, occasionally distracted | Focuses effectively: cuts out distractions, highly persistent | | |
| | Expression | Player rarely expresses their views or ideas | ~ expression of views/ideas – needs prompting from coach | Will often express views/ideas | Open, honest + 2 way comm ⁿ between coach and player | | |
| Winning Characteristics | Competition | Lacks motivation in competition | ~ desire to compete | Usually keen to compete | Highly self motivated to compete | | 0 |
| | Emotions | Lacks emotional control: often displays –ve emotions | ~ control of emotions | Reasonable control of emotions: usually +ve | Controls –ve emotions, displays +ve emotions | | |
| | Belief | Little belief in own ability to succeed: unconfident | ~ self belief which is often lost under moderate pressure | Self belief sustained under moderate levels of pressure | Unshakeable belief in their own ability to achieve | | |
| | Challenge | Often backs down from challenges | Sometimes rises to the challenge | Often takes on challenge: above average success | Tough: enjoys taking on a challenge/ often succeeds | | |
| | Pressure | Loses control under pressure | Makes many errors of judgement under pressure | Often displays ability to think clearly under pressure | Thinks Clearly Under Pressure (TCUP) | | |
| | Realism | Unrealistic goals: subjective, emotional, shallow assess ^t | Realistic goals: subjective, shallow, emotional assess ^t | Realistic goals: is developing objectivity + ability to evaluate | Realistic but challenging goals: objective, calm assessment | | |
| | Losses | Losses/setbacks do not hurt, learns little from experience | Upset at losses/setbacks, learns slowly from experiences | Upset at losses/setbacks, gradually learns from experience | Upset at losses/setbacks – then considered, +ve response | | |
| | Accountable | Unwilling/unable to accept accountability for actions | Sometimes accepts accountability for own actions | Generally accepts accountability for own actions | Accepts accountability for own actions + responds effectively | | |
| Lifestyle | Self reliance | Relies heavily on others to manage commitments | Shows some evidence of self management | Self manages the majority of areas | High level of self management | | 0 |
| | Nutrition | Poor application of nutritional advice | ~ approach to effective nutritional advice | Tries to implement sound nutritional advice | Very committed to applying sound nutritional advice | | |
| | Lifestyle | Lifestyle issues frequently affect sports performance | Lifestyle issues sometimes affect sports performance | Lifestyle issues occasionally affect sports performance | Lifestyle issues rarely affect sports performance | | |
| | Managing time | Lacking in time management skills | Needs frequent support to maintain effective time managt | Usually good at managing time | Consistently effective time manager | | |
| | Plan | Disorganised: little evidence of /adherence to a plan | Some planning but inconsistent adherence | Planning in evidence and usually adheres to plan | Highly effective planner: sticks to plan in committed fashion | | |
| Competition/ results profile | Competes regularly (3 or more) on BE circuit in bronze singles events | Competes regularly on BE circuit (3 or more) in silver/gold singles events | In a year/season 3 singles ¼ finals reached in listed U11/12/ 13/14/15/17/19 events | Has achieved 4+ singles wins against top 5 in age group in 1 year | | 0 | |
| Tactical Awareness | Spatially | Doesn't hit to space, covers own space ineffectively | Beginning to gain understanding of covering/using space | Beginning to apply understanding of use of space | Excellent use of space and adapts use of space instinctively | | 0 |
| | Self aware | Unaware of own strengths/weaknesses | Aware - strgths/ wkns – finds it hard to use practically | Beginning to use strengths/ cover weaknesses effectively | Maximises own strengths/ minimises weaknesses | | |
| | Opponent aware | Unaware of opponent's strengths/weaknesses | Aware of opponent's stgths/wkns – finds it hard to use practically | Spots strengths/ weaknesses and can sometimes exploit | Spots + exploits opponent's strengths/weaknesses | | |
| | Partner aware | Poor at using basic doubles formations | Use of basic doubles formations but regimented | Covers court/situations effectively with partner | Adapts instinctively in games to different situations/partners | | |

| Emerging Performance Review Tool (B) | | Player Surname | 0 | Player Forename | 0 | D.O.B. (--/--/--) | 00/01/00 | Overall scores |
|--------------------------------------|---|--|---|---|--|---|----------|----------------|
| | | PC Name | 0 | Reviewer | 0 | Date(--/--/--) | 00/01/00 | |
| | | 1 | | 2 | | 3 | | |
| Racket skills | Grips | Grips incorrect/tight | | Basic/thumb grips in evidence but tight | | Relaxed grips maintained in predictable situations | | 0 |
| | NS (BH+FH) | Net shots lack touch and control – hard hands | | Basic net shots – hard hands but touch/feel developing | | Basic net shots played with feel (soft hands) | | |
| | Lifts (BH+FH) | Lift backswing takes hand behind body | | Lift backswing - racket head goes behind body | | Lift backswing - racket head in front of body | | |
| | FC range of strokes | Very narrow range of strokes in forecourt | | Some variety of fc strokes (eg. some of spin ns, x-net, held net+ lift) | | Wide range of fc strokes (e.g. most of spin ns, x-net, held net+ lift) | | |
| | FH OH | Disjointed, unnatural + long throwing action | | Tight but compact preparation, long action | | Relaxed, compact preparation and compact throw | | |
| | FH OH range | Very narrow range of oh strokes | | Some variety fh oh's: (e.g. clips, slices, held clear, stopdrop) | | Wide range fh oh's: (e.g. most of clips, slices, held clear, stopdrop) | | |
| | BH drive | No thumb grip, floppy wrist, long swing from shoulder | | Thumb grip used but tight, wrist "stronger", long swing | | Rlxd thb grip, forearm rotation developing, long follow through | | |
| | BH OH | Floppy wrist, elbow up early, minimal forearm rotation | | Stable wrist, long swing, little use of forearm rotation | | Stable wrist, uses arm rotation, compact hit, developing power/ variety | | |
| | Pace | Only uses extremes of pace strokes – fast or slow | | Able to vary pace on strokes in predictable practices | | Able to vary pace on strokes in less predictable practices | | |
| | Turning the shuttle | Struggles to turn the shuttle away from an attacker | | Technically proficient turning the shuttle in predictable practices | | Able to turn the shuttle in less predictable practices | | |
| Athleticism | Acc _n | Slow and/or uncontrolled acc _n and dec _n | | Control of acc _n + dec _n improving but slow | | Controlled acc _n + dec _n - above average speed | | 0 |
| | Leg Power | Limited leg power – low jump scores | | ↓ average leg power - ↓ average jump scores | | Good leg power – ↑ above average jumps | | |
| | Endurance | Low endurance frequently a factor in losses | | Below average endurance sometimes a factor in losses | | Copes well with long rallies/matches/tournaments | | |
| | Agility | Very limited agility | | Basic agility in predictable situations (e.g. shadowing) | | Agility developing in unpredictable situations | | |
| | Split-step | No split-step, slow to move off | | Balanced split step – high jumping action, | | Balanced and timed split step, jump less pronounced | | |
| | Posture + balance | Upper body leads, legs follow | | Legs drive movement, upper body uncontrolled | | Legs drive - upper body controlled but stiff | | |
| | Quick feet | Very slow feet | | ↓ average foot quickness compared to peers | | ↑ average foot quickness compared to peers | | |
| | Speed | Covers ground slowly | | ↓ average speed covering ground compared to peers | | ↑ average speed covering ground compared to peers | | |
| | Patterns | Few engrained patterns of movement | | Some patterns of movement, linking specific court areas | | Good patterns of movement but lacks instinctive variation | | |
| | Jump/ land | Uncoordinated jumps + unbalanced landings | | Basic jumps coordinated with balanced landings | | Range of jumps expanding – coordination/balance sustained | | |
| Lunge | Lunging misaligned, limited range, off-balance recovery | | Lunge aligned but limited range, off-balance recovery | | Aligned lunge with good range, adequate recovery | | | |