

Raw Performance Review Tool		PC Name	Player Surname		D.O.B. (---/---/---) - age		Overall scores
		Reviewer	Player Forename		Date(---/---/---)		
		1	2	3	4		
Trainability/ task mastery	Motivation	Motivation to train is questionable	~ motivation to train	Consistently motivated to train	Highly self motivated in training	0	
	Feedback	Resistant to feedback: doesn't act upon it	~ response to feedback, sometimes acts upon it	Responds to feedback and often acts upon it	Seeks out, accepts and quick to act upon feedback		
	Learning	Slow learner in most areas	~ ability to learn – some good/some weak areas	Good learner in many areas of the game	Consistently quick learner in most areas of the game		
Winning Characteristics	Lacks motivation in competition	~ desire to compete	Usually keen to compete	Highly self motivated to compete	0		
Competition/ results profile	Competes regularly (3 or more) on BE circuit in bronze singles events	Competes regularly on BE circuit (3 or more) in silver/gold singles events	In a year/season 3 singles ¼ finals reached in listed U11/12/13/14/15/17/19 events	Has achieved 4+ singles wins against top 5 in age group in 1 year	0		
Tactical Awareness	Lacks spatial awareness - just hits the shuttle	Some spatial awareness - ~ application	Uses/covers space effectively but predictable patterns of play	Uses/covers space effectively and adapts play instinctively	0		
Racket skills	Basic Grip	Clear PH grip - needs big change to achieve basic grip	Slight panhandle - still needs some change to achieve basic grip	Basic grip established but rather tight	Relaxed basic grip	0	
	Thumb grip	Thumb rarely established correctly on back of the handle	Thumb used inconsistently on back of handle	Use of thumb grip in evidence but tight	Relaxed thumb grip allowing thumb/fingers to interact		
	Grip length	Very short grip (towards the ferrule)	Short grip - mid-handle position	Grip towards bottom of racket handle	Long grip using handle to its fullest extent		
	BH serve	Cramped preparation, long swing, drops shuttle, tight grip.	Small shuttle drop - tight grip – reach in preparation improving	Good reach - short hit from hand mainly using hand/fingers/wrist	As in 3 but has deceptive flick		
	FH serve	FH HS: uncoordinated	FH HS: full swing and weight transfer developing	FH HS: fluent hit – capable of producing high flight path	FH HS: natural and flowing- easily adjusted low and flick		
	BH NS	BH NS lacks touch and control	Basic BH NS but hard hands – little feel to shots	Basic BH NS played with feel (soft hands)	Can play BH NS with accuracy when off the net		
	FH NS	FH NS lacks touch and control	Basic FH NS but hard hands – little feel to shots	Basic FH NS played with feel (soft hands)	Can play FH NS's with accuracy when off the net		
	BH lift	BH lift backswing takes hand behind body	BH lift backswing - racket head goes behind body	BH lift backswing - racket head in front of body	BH lifts flicked with a short, deceptive hitting action		
	FH lift	FH lift backswing takes hand behind body	FH lift backswing - racket head goes behind body	FH lift backswing - racket head in front of body	FH lift flicked with a short, deceptive hitting action		
	FH OH	Disjointed, unnatural + long throwing action	Tight but compact preparation, long action	Relaxed, compact preparation and compact throw	Clear, smash and drop have basic similarity in execution		
BH Drive	No thumb grip, floppy wrist, long swing from shoulder	Thumb grip used but tight, wrist "stronger", long swing	Rlxd thumb grip, forearm rotation developing, long follow through	As for 3, but with crisp hit and limited follow through			
Athleticism	Split-step	No split-step, slow to move off	Balanced split step – high jumping action	Balanced and timed split step, jump less pronounced	Timed split step, lower jump/ short ground contact	0	
	Posture + balance	Upper body leads, legs follow	Legs drive movement, upper body uncontrolled	Legs drive - upper body controlled but stiff	Legs drive - controlled/relaxed upper body		
	Quick feet	Very slow feet	↓ average foot quickness compared to peers	↑ average foot quickness compared to peers	Quick feet, able to make rapid and instinctive adjustments		
	Speed	Covers ground slowly	↓ average speed covering ground compared to peers	↑ average speed covering ground compared to peers	Maintains speed in activities with some unpredictability		
	Jump/ land	Uncoordinated jumps + unbalanced landings	Basic jumps coordinated with balanced landings	Range of jumps expanding – coordination/balance sustained	Explosive and well timed jumps, balanced landings		
	Lunge	Lunging misaligned, limited range, off-balance recovery	Lunge aligned but limited range, off-balance recovery	Aligned lunge with good range, adequate recovery	Aligned lunge, good range/ recovery under pressure		